



EMPOWERMENT

CRYSTAL CLEAR

HOW TO USE CRYSTALS IN YOUR
EVERYDAY WORK LIFE

ELSA MEHARY
AWAKENED ENTREPRENEUR



A bit about me....

Welcome, Awakened Entrepreneur to 5 step workbook on Transformation Truths. I am an intuitive business coach who combines the practical tools and methods to create an abundant business and helping you align with the best version of you! I care deeply about all things abundance and business because the way you work and create will affect the quality of your entire life.

I hope you enjoy use this workbook to workshop your transformation. If you would like to book an exploratory coaching session, design consultation and just say hi email me. Would love to connect.

[Design Consultation.](#)

Intuitive Business Coaching.

Follow me at [@elsalovesyou.](#)



The Stones

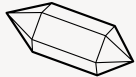
FOR ELEVATION & PROTECTION IN THE BUSINESS

<p><i>four</i> CITRINE</p>	<p><i>five</i> PYRITE</p>	<p><i>six</i> TOURMALINE</p>
<p>IF YOU WANT ABUNDANCE AND GENERAL GOOD VIBES THIS IS THE BEST CRYSTAL FOR YOU.</p> <p>IF YOU WANT TO ATTRACT WEALTH CARRY IN YOUR WALLET</p> <p>FOR GROUNDING AND PROTECTION AGAINST TOXIC, LOUD COWORKERS OR NEGATIVE VIBES</p>		
<p>Citrine is a crystal of abundance, manifestation, and personal power. It can support transformative experiences by boosting self-confidence, encouraging positive thinking, and attracting opportunities for growth and success.</p> <div data-bbox="465 1222 600 1299" data-label="Image"> </div>	<p>To attract wealth and abundance and enhance financial success. Carry in your wallet or purse to attract prosperity or use in manifestation ritual. Use to boost confidence and motivation and help overcome self-doubt. Keep at desk to shield against negative energies, psychic attacks, and environmental pollutants. Also believed to boost physical vitality and energy levels.</p> <div data-bbox="1061 1216 1173 1305" data-label="Image"> </div>	<p>Helps anchor and stabilize energy by grounding and balancing, and purifying. Promotes a sense of balance and can absorb and transmute negative energies. Can be used to create a protective boundary around oneself or in a living space. Can assist in emotional healing, reduce anxiety, and promote calmness. Helps in mental clarity, focus, and clear work flow perhaps by shielding from distractions.</p> <div data-bbox="1630 1225 1783 1295" data-label="Image"> </div>



The Stones

FOR ABUNDANCE AND WEALTH IN THE OFFICE

<i>one</i> QUARTZ	<i>two</i> ROSE QUARTZ	<i>three</i> AQUAMARINE
TO AMPLIFY YOUR PRESENCE AND GIVE MAIN CHARACTER ENERGY IN THE OFFICE OR AT AN EVENT.		
<p>Known as the “Master Healer,” clear quartz is a versatile crystal that amplifies energy and intentions. It can help clear blockages, enhance spiritual growth, and facilitate transformation on all levels.</p> <p>Amethyst: Amethyst is a crystal of spiritual awakening and higher consciousness. It assists in releasing old patterns, promoting clarity, and opening the mind to new possibilities. It supports transformative experiences and facilitates spiritual growth.</p> 	<p>Rose quartz is a crystal of unconditional love and emotional healing. It can support transformative experiences by promoting self-love, compassion, and healing emotional wounds. Rose quartz encourages personal growth and fosters a sense of inner peace.</p> 	<p>Known as the “Master Healer,” clear quartz is a versatile crystal that amplifies energy and intentions. It can help clear blockages, enhance spiritual growth, and facilitate transformation on all levels.</p> <p>Amethyst: Amethyst is a crystal of spiritual awakening and higher consciousness. It assists in releasing old patterns, promoting clarity, and opening the mind to new possibilities. It supports transformative experiences and facilitates spiritual growth.</p> 